



DHA

07 October 2025

Wiesbaden Army Health Clinic Newsletter



Hours

• Main Clinic (Bldg 1040)

-Mon-Fri: 0730-1630

Closed for Lunch:

1200-1300

Reduced Services 2nd and 4th Thursdays
1200-1630

-Kiosks available 0730-1145, 1245-1545

-Closed US Federal Holidays

• Behavioral Health (Bldg 1526)

-Mon-Fri: 0700-1700

-Closed US Federal Holidays

• Combined Acute Care Clinic (CAC2)

-Active-duty in uniform only

-Check in at kiosk from 0730-0830

-Closed US Federal Holidays and

USAREUR-AF Training Holidays

Updates & Reminders

- **Pharmacy HAS MOVED** into Temporary building, located near the Chapel. We are open during our regular hours!

Monday – Friday 0800-1145 & 1300-1600

Closed Weekends & Federal Holidays

- **Flu Shots are Here!**

1. **Unit Flu Vaccine Clinic** - Active Duty, DOD Affiliated Civilians and Contractors October 27-31 0900-1200 & 1300-1600 @ Clay Fitness Center

2. **Community Flu Vaccine Clinic** - Active Duty, Tricare Beneficiaries, Retirees, DoD Civilians, Contractors, and DODEA Students and Staff 3 years and older November 4, 6, 12, 21, & 24 1400-1800 and November 22 1000-1400 @ Old Bookmart in lower Hainerberg

3. **Ages 6 months to 35 months:** Flu shots at the Immunizations Clinic only. Wednesdays 0900-1145 & 1300-1530

Say "Boo to the Flu" this Season:

- **Vaccine vibes:** Get your flu shot and show the flu who's boss! Best defense against the flu is getting annual flu vaccine
- **Scrub-a-dub-dub:** Regular hand washing with soap and water for 20 seconds helps prevent spread of germs
- **Respiratory Hygiene:** cover your nose and mouth with a tissue or elbow when you cough or sneeze to protect others
- **Home Sweet Home:** Stay home when sick. If you feel unwell, stay home to recover and prevent spreading illness to others
- **Hand Sanitizer:** when soap is not around, use that hand sanitizer with at least 60% alcohol

Important Phone Numbers

- Appointment Line: Mon-Fri: 0700-1600
(Closed US Federal Holidays and after 1200 on the 3rd Thursday each month)
06371-9464-5762 or DSN 590-LRMC (5762)
Option 1 for appointments, then Option 4 for Wiesbaden:
Option 1: Physical Therapy
Option 2: Make an appointment or cancel an appointment scheduled within the next 24 hours (including Optometry and Pediatrics)
Option 3: Cancel an appointment scheduled in more than 24 hours
Option 4: Dental
Option 5: Behavioral Health
Option 6: Armed Forces Wellness Center
Option 7: Soldier Medical Readiness Center (SMRC)

Pharmacy: **06371-9464-1322 or DSN 590-1322**

Tricare: **06371-9464-1302 or DSN 590-1302**